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23-Year-Old Woman visits 100th Country on Trek to Visit All 195

Tuscaloosa, Alabama - February 26, 2018 - Taylor Demonbreun's attempt to visit every sovereign country is in full swing. Taylor has now visited her 100th country and is well on her way to smashing three Guinness World Records. Not only would Taylor break the record for the fastest person to all 195 countries, but at 23 years old she would also be the youngest overall and the youngest woman. Taylor is from Tuscaloosa, Alabama and graduated in May from Vanderbilt University with degrees in Economics and Public Policy.

Taylor's journey, entitled TrekWithTaylor, began in June in the Dominican Republic and has since taken her throughout the Caribbean, Central and South America, Europe, the Middle East, Central Asia, and Northern Africa. She is over 50% of the way to her goal, and is now striving to find corporate sponsors to help her finish her trek.

Having faced severe social anxiety her entire life, Taylor's mission is to encourage others, especially young women, to explore beyond their comfort zones, follow their dreams, and to never take no for an answer. In her words, she will accomplish this by "providing insight into my daily life and travels, detailing how I plan my journey, and working to bring awareness to the seriousness of social anxiety." The TrekWithTaylor website currently features Taylor's blog, planning documents, travel guides, and other information that is continuously updated by Taylor throughout the trek.

Taylor's journey can be followed on social media at @TrekWithTaylor or on her website trekwithtaylor.com.

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